

Concerned You May Have Been Exposed?

COVID-19 Checklist for When to Contact Your Provider

Ohio Department of Health Director Amy Acton, M.D., MPH, strongly recommends that all Ohioans immediately take the following actions if they feel sick:

- Pay attention for potential COVID-19 symptoms including fever, cough, and shortness of breath. Call your doctor immediately (before seeking care) if you feel like you are developing these symptoms. If you have a medical appointment, call the healthcare provider and tell them that you have symptoms consistent with COVID-19. This will help the healthcare provider's office take steps to keep other people from getting infected or exposed. Put on a facemask before you enter the facility. If you do not have a doctor, contact the Ohio Department of Health hotline for more information (number below).
- Seek prompt medical attention if you develop emergency warning signs for COVID-19. In adults, these can include:
 - Difficulty breathing or shortness of breath
 - Persistent pain or pressure in chest
 - New confusion or inability to arouse
 - Bluish lips or face.

This list is not all inclusive. Please consult your healthcare provider for any other severe or concerning symptoms.

- Ask your doctor to call the local health department or the Ohio Department of Health if COVID-19 is suspected. People who are placed under active monitoring or facilitated self- monitoring should follow instructions provided by their local health department. Clermont County Health Department: 513-732-7499
Hamilton County Health Department:

More COVID-19 questions? call 1-833-4ASKODH (1-833-427-5634)